

## 3<sup>rd</sup> FEIF Young Leaders' Event

9-11 November 2018, Hveragerði, IS

**Topic: Me, myself and I –  
self-development, leadership and seeing solutions**

On behalf of FEIF and LH, we would like to invite you to Iceland for the third FEIF Young Leaders' event in Reykjavík and Hveragerði.

FEIF Youth work is offering a series of annual seminars, focussing age group 18-26 when great changes take place in the lives of young people. We aim to develop and practice skills on leadership in relation to others, and also in relation to our horses. How do I build a team? What is the difference between teamwork and partnership? How do I practice communication at a higher level?

### **Guest speakers for this seminar are**

**Anna Steinsen** – recreational and social psychologist

**Karen Woodrow** – Riding instructor and MA in Project Management

The weekend includes a visit to Grænhóll/ Auðsholtshjáleiga, a stud farm run by Gunnar Arnarson og Kristbjörg Eyvindsdóttir.

The event is part-theoretical and part-practical but you do not need to bring your own horse. Places are limited, and the maximum number of participants is 35.

**Age group:** 18 – 26 years. (Eligible are young people who will TURN 18 to 27 years of age in the year of the seminar).

**Registration** is only possible via your national association (it is not possible to register without confirmation from the national youth leader). **Until Oct. 10<sup>th</sup>**, each country can send 2 participants and may collect further names on a waiting list.

**Organisation:** Gundula Sharman, FEIF Director of Youth Work, Helga Helgadóttir, FEIF Youth Committee and LH.

**Venue:** Fákur, Viðidalur, Reykjavík and Eldhestar, Hveragerði.

**Programme:** The seminar will start Fri, 9<sup>th</sup> November 16:00 at the riding hall Fákur, Viðidalur and ends Sun 11<sup>th</sup> November, before lunch (picnic lunch available).

**Accommodation:** **Hótel** Eldhestar, Vellir, 816 Hveragerði, Iceland

**Travel:** There are two different bus companies who take passengers from Keflavík airport to Reykjavík. From 13:00 on Friday, participants can be picked up either from the bus stop BSÍ (flybus) or Holtagarðar (Gray line). Pls contact Helga if you need a lift to Viðidalur. On Sunday, we can drive you back to the bus stations.

Please contact Helga, helga@isam.is Tel: +354 8202313



**Cost:** Cost, including full board and accommodation (alcoholic and non-alcoholic beverages are not included) for the seminar is €220.-

**The early bird price is €200, if registration and payment is received before September 25<sup>th</sup> 2018**

**Payment:** The seminar fee has to be paid to the FEIF account. Please note that your registration is not valid until your complete payment has been received on the following FEIF account.

Account information:

Susanne Fröhlich, FEIF Office

Kurzbauergasse 5/10 1020 Vienna Austria

Easy Bank

BIC: EASYATW1

IBAN: AT581420020010480133

Looking forward to seeing you in Iceland.

Gundula Sharman

FEIF Director of Youthwork

Helga Helgadóttir

FEIF Youth Committee and LH

21<sup>st</sup> August 2018



**Me, myself and I***self-development, leadership and seeing solutions***Schedule****Friday**

- 16.00 Welcome, introduction and team building
- 19:00 Dinner
- 21:30 Arrive at Eldhestar

**Saturday**

- 08:00 Breakfast
- 08.45 Self development AS
- 10.00 Coffee
- 10.30 Goal setting and social networking - AS
- 12.30 Lunch
- 13.30 Verbal communication and listening - AS
- 14.30 Leadership and group dynamics - KW
- 15:45 Non verbal communication – KW
- 17.00 Visit to Grænhóll
- 19.30 Dinner

**Sunday**

- 08:30 Breakfast
- 09.30 Solutions not a problem – KW
- 10.30 Coffee break
- 11.00. Solutions not a problem – KW
- 12.30 Conclusions
- 13.00 Lunch and farewell

Please note, there might still be slight changes to the programme.



**Registration Form FEIF Young Leaders' Event  
9-11 November 2018, Iceland**

*(one form per participant; please copy when more forms are needed)*

Full name:	
Address:	
Postcode/Town:	
Mobile phone:	
E-mail:	
Year of birth:	
Special dietary requirements	
Please complete the following information	
<input type="checkbox"/> Will participate in the seminar at <u>early bird price</u> of €200 (registration and payment before September 25th 2018)	
<input type="checkbox"/> Will participate in the seminar with full payment of € 220	
<b><i>Details on costs and payment can be found in the invitation.</i></b> <b><i>Please note that your registration is not valid until your complete payment has been received; the amount due has to be paid, even if a participant does not attend.</i></b>	
Date:	Signature:

**Liability**

By registering for the seminar,

I AGREE to release FEIF from all claims for damages or otherwise for any harm to me and for any harm caused by me or horses used by me to others.

I AGREE to indemnify (that is, to pay any losses, damages, or costs incurred by) FEIF and not to hold responsible the organisers and any volunteers with respect to claims of harm done to me, and to claims made by others of any harm caused by me at the events of this FEIF seminar.

I affirm that I have read, understand and accept the limitations of liability contained within this declaration.

By returning this form you agree that FEIF stores your data for registration purposes. FEIF will not sell, share or otherwise distribute your personal data to third parties.

**To be returned to FEIF Office, Susanne Fröhlich  
Kurzbaugasse 5/10, AT-1020 Vienna, E office@feif.org**

